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CONTINUING MEDICAL EDUCATION

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SPRING 2016 EDITION

PRESIDENT'S ADDRESS

Happy Spring! The birds are chirping, the bees are buzzing, and for those of us on the West Coast, we finally have green hills and puddles for the first time in years. (Sorry to the East Coast and Midwest folks who are still buried in snow.)

Registration for our upcoming conference in the Chicago area is well underway, and rooms are going fast, so book early. Thanks to our amazing conference planners, Colleen McNicholas and Jennifer Carnahan, as well as the wonderful UVM staff, this year's conference is shaping up to be a great blend of education and fun. Colleen has done an awesome job of finding local LGBT speakers, entertainment and activities for us to enjoy, and Jennifer has worked diligently to provide great opportunities during the Longitudinal Workshops. We will also be honoring another group of highly successful and ambitious medical students at the conference, with the Women In Medicine LGBT Leadership Scholarships. Thanks to the generosity of several annual donors, as well as collective donations, we are able to provide \$20,000 worth of scholarships to four deserving medical students this year.

Thanks in part to the Leadership Scholarships, as well as improved communication with medical schools and medical students, WIM has seen an increase in medical student participation over the past several years. Many of our past Leadership Scholarship recipients and applicants have returned to WIM yearly, and are actively engaged in helping to grow and expand WIM through Board participation, conference workshops and other means. This is truly a testament to the impact that our donations and dedication to mentorship are making in the lives of sexual minority medical students. In addition, the growth of our medical student and resident participation helps to ensure that Women In Medicine will continue its mission and to be impactful for many years to come. That being said, due to the abundance of medical student participation at our Portland conference last summer, we are still working to replenish the Student Travel Fund, which helps to subsidize medical student housing and meals during our conferences. Please consider donating to either this fund, or the General Fund, so that WIM can continue to grow and engage medical student participation at our conferences. You may do this at the time you register for the conference or you may go directly to the WIM support page: <http://www.womeninmedicine.org/support-us.html>.

Finally, we will again be hosting a live auction fundraiser for Women In Medicine on Saturday, August 6 (not to be confused with the Lesbian Health Fund auctions on Thursday, August 4). We are hoping to be better organized and prepared this year, so please let myself or Mary know ASAP if you plan on donating something for auction. In recent years, people have donated vacation homes, jewelry, gift packs, golf packages, dance lessons, sailing trips, memorabilia, etc, and all of the proceeds go to Women In Medicine, to help fund the conferences, the Leadership Scholarships, student travel funds, and other special projects. Please be creative and generous in your donations. :) You may do this at the time you register for the conference or you can email wim.doctors@gmail.com.

I'm looking forward to seeing you all in Chicago!

Cheers!
Jennifer Chaffin, MD, President





Upcoming 33rd Annual Women in Medicine

<http://www.womeninmedicine.org>

Just a few months until the 33th Annual Women in Medicine (WIM) Conference in Chicago! We are thrilled to bring you a diverse academic program from one of the country's best cities for LGBTQ culture, advocacy, and acceptance. Speaking of LGBTQ notables, the conference will kick off with 2014 Chicago Gay and Lesbian Hall of Fame inductee, Representative Kelly Cassidy. Rep. Cassidy used her platform as a state legislator to help pass marriage equality legislation in the state of Illinois well before the Supreme Court got it right for the rest of us. She also continues to work on anti-bullying and trans-inclusive hate-crimes legislation. Rep. Cassidy will be joined by Michael Ziri from Equality Illinois to discuss what challenges we still face post marriage equality.

We worked hard to include speakers and activities that everybody will enjoy, including families and significant others if you bring them along. We are so pleased to be bringing you About Face Theatre, Chicago's "center" for LGBTQA (A=ally) arts. Their ground-breaking program which uses predominantly LGBTQA youth has been credited with advancing the national dialogue about

gender and sexual identity. For more information about this amazing program, please visit: aboutface theatre.com.



Just as amazing is this year's closing entertainment, The Artemis Singers (artemissingers.org). Artemis Singers is a lesbian feminist chorus whose members are dedicated to performing music written or arranged by women - Who doesn't love that?

We both started attending WIM as medical students and now look — we are organizing this year's conference (with a little help)! WIM introduced us to lifelong friends, colleagues, and mentors. We hope this year's conference will give you the same great connections, whether you are a first time attendee or a 33rd time attendee. We are looking forward to welcoming you this August. From CME, entertainment, venue, and of course the great company, you won't be disappointed!

See you in Chicago,

Colleen McNicholas, DO
Jennifer Carnahan, MD
Conference Co-Chairs

TRANSITIONS/ANNOUNCEMENTS/PUBLICATIONS

WIM Mentorship Committee Updates!!

The WIM Mentorship Committee is pleased to announce a new way for WIM members to support each other — through mentorship!

The committee was formed because we believe mentorship is one of the strongest aspects of WIM and we want to make it even stronger. The first step towards strengthening and expanding the WIM mentoring network will be a member survey to find out from WIM members if they would like to be a WIM mentor, and in what areas they themselves would like mentoring in.



Please fill out the survey if you want to be a mentor, mentee or BOTH! The link to the survey is: <http://tinyurl.com/hs4kqth>. Please complete by **May 20!!**

Once the surveys are returned, the WIM Mentorship Committee will match mentors and mentees and put them in touch with one another. We also hope that this will help give a jump-start to lots of great connections at the conference. We aim to have a pool of mentors in different areas such as parenting,

leadership, retirement, work-life balance, etc... also available. Please join us in this exciting venture!

If you have questions, please contact: Juno Obedin-Maliver: Obedin-MaliverJ@obgyn.ucsf.edu

Cheers,

The WIM Mentorship Committee
Shay Bintliff, Juno Obedin-Maliver,
Patty Robertson, Nix Sitkin, Sheri Task, and Kara Toles

Kara Toles, MD — Will be graduating from her Emergency Medicine residency at Highland Hospital in Oakland, CA in July and joining faculty part-time at UC Davis as well as working in the community at University of TX Medical Branch Angleton-Danbury campus (which is the small community hospital where she was born)!

Patty Robertson, MD and Susan Ashton married on December 19, 2015, at a ceremony at their home in San Francisco with family and friends present, after an 18 year engagement — Patty loves being married!

Patty retired from UCSF this past July, and has been re-hired at 43% clinical to focus on high risk obstetric patients. Their new hospital at Mission Bay has seen a doubling of their obstetrical deliveries, and they needed more doctors and nurses if anyone is interested in moving to SF!

In Patty's newly released time, she has been sleeping every night which is delicious! She has also given Grand Rounds on "Best Practices in Lesbian Health" in South Carolina, the Naval Base Hospital in San Diego, and the University of Maryland. Although the transition to this new life took longer than she thought due to clinical demands, the new pace is so refreshing!



The WIM Leadership Scholarship Committee would like to know if anyone attending the August conference in Chicago would be able to video the Leadership Awards Ceremony (with an actual video camera and not a cell phone)! The awards will be given out after dinner on Wednesday, August 3. If you or your partner can help, please send an email to wim.doctors@gmail.com.

**Do you have something you want to share/announce for the Fall Newsletter?
Send us your updates!!
wim.doctors@gmail.com**

Laughter Therapy by Shay Bintliff, MD

As I begin today, I am reminded of the celebration of PASSOVER. My mother's best friend was a Jewish woman who always included our family in all their events. More than anything I remember all the festive feasts...but I also remember Stella's husband who was a real joke-teller. So, in their memory I start with the following:

- A Jewish grandmother is watching her grandson playing at the beach when a huge wave comes and takes him out to sea. She pleads, "Please God, save my only grandchild! I beg of you, bring him back!!" Then a big wave comes and washes the boy back onto the beach, as good as new! She looks up to heaven and says very loudly: "He had a hat!!"
- A man waits all day in traffic court for his case to be heard. At long last it's his turn to stand before the judge, but the judge only tells him that he will have to come back tomorrow, as court is being adjourned for the day. In exasperation, the man snaps, "What the h--- for?!" The judge snaps back, "Twenty dollars for contempt of court!" The man pulls out his wallet. The judge says, "You don't have to pay today." The man says, "I'm just checking to see if I have enough for two more words!!!"
- An eighty-year-old woman burst into the men's day-room at the retirement home. She holds her clenched fist in the air and announces, "Anyone who can guess what I have in my hand can have a 'sleep-over' night with me!!" An old man in the back of the room shouts, "An elephant!" The woman pauses and says, "Close enough!!"

OK folks...BE WELL...gather WELLTH...and Keep It!!! Aloha...a hui hou

LHF UPDATE

LHF is pleased to announce the 2016 Live Auction and Evening of Entertainment at the WIM Conference in August!! We are in the process of booking Sandra Valls for this year! Sandra will "make you laugh till your face hurts with her frank, no holds barred comedic genius!" (<http://www.welovesandra.com/SANDRAVALLS/Bio.html>)

LHF recently reviewed 22 grant proposals, and will present five or six to the GLMA Board for approval of funding by June. LHF does great work and is looking forward to doing more in the future! Our Grants Committee, headed by Deb Bowen, not only provides funding to new and experienced researchers, but provides mentorship along the way. This mentorship, along with providing funding for lesbian health research, is what sets LHF apart from many others.

WIM's support of LHF is no less than amazing and we look forward to a long and growing relationship!! Thank you!!

Sarah Fogel, PhD, RN, FAAN
Vice President of the Lesbian Health Fund

2016 T-Shirt

This year's keepsake will be a t-shirt with the 2016 Chicago logo designed specifically for WIM. We will have these available at the conference. To help us make sure we have enough for everyone and the correct size(s), please make sure to indicate the number of shirts and sizes you wish to purchase on your conference registration. If you are unable to attend the conference but would like one shipped to you, please email: karen.whitcomb@uvm.edu.



FINANCIAL SUPPORT FOR WIM

Donations to WIM can be made all year long through our PayPal account at WomenInMedicine.org. You may also include donations when you register for the conference and lastly, you can send checks directly to WIM! You can specify your contributions to our general operations fund, academic scholarship fund, or for the support of our medical students to attend the conference. As many of you know, we have had a great increase in medical students and residents over recent years and this is thanks to the generosity of our members, so let's keep it going.

REMINDER: Any donations above \$1,201 makes you a "Legacy Donor" and entitles you to one free (non-transferable) tuition to the upcoming conference. Please email Karen.Whitcomb@uvm.edu and she can give you your discount code!

Send checks to:

Women in Medicine, Inc.
P.O. Box 107
Colchester, VT 05446

GOING GREEN?

If you would like to help WIM save money as well as help the environment, please let us know if you would prefer to receive future publications and notices electronically.

Please send your name and preferred email address (or two).

MOVING?

Please also keep us up-to-date on your current addresses for our database.

Email WIM: wim.doctors@gmail.com